

**SSYI Annual Report 2022/2023**  
**Sawston, Shelfords and Stapleford**  
 In partnership with Romsey Mill



**Overview of the year**

2022-2023 has been an exciting year for SSYI, we have seen continued growth and development of our work, both in numbers and variety of sessions, activities, and support that we offer. SSYI's work was carried out this year by our skilled team of youth workers, Charlie Trueblood, Tilly Akoto, Tina Woodstock, Sophie Hurst, and our lead youth worker Zac Britton. Jon Sanders the head of the Romsey Mill Youth Development Team has management oversight.

In the first half summer term of 2022 we were running 7 weekly youth clubs, 3 of which were traditional community based open access sessions, where young people can come and go as they please, engage with youth workers, play games, and access support. 2 where wellbeing focused sessions for 2 different age brackets plus a football-based session and a targeted girl's group. In the second half of the summer term we were able to start Our Stories, an optional session allowing young people to come and hear the 'stories' behind the faith of some of our team and giving them the opportunity to explore Christianity.

We ran a jam-packed programme over the summer including regular open access youth clubs in Sawston and Shelford and trips to The Gauntlet (a youth motorbike charity in Ramsey), Wyboston Lakes Aqua Park, Skreens Park for an outdoor activity day and more! We also took 14 of our young people away for a 3-night residential to Skreens Park in Chelmsford, where we did a load of activities including paddle boarding, high ropes, raft building and axe throwing. This was also a great opportunity for us to strengthen our relationships with our young people and encourage them to grow in their confidence and self-esteem.

With Tina returning from maternity leave in May and Charlie in September we were able to resume an even larger programme of activities in the autumn term including running a 2<sup>nd</sup> open access session in Sawston. Alongside all our detached work and 1:1 work in the community and in Sawston Village College we have been engaging with over 200 young people.

We have seen growth in young people attending sessions, including a large number from the Shelfords and Stapleford, and villages such as Whittlesford and Harston. We have run 1:1 support sessions with 20 young people, many of these on a long term basis. Our relationship with Sawston Village College has gone from strength to strength and we currently do 10 hours' worth of 1:1s, detached and group work in the school. Young people are facing growing challenges year on year, and we are privileged to be providing valuable support to many local young people.

It has been a fantastic year for us, and despite our current challenges with recruitment we are confident that we will continue to see growth in our work and more young people being supported in our local area. We are so grateful to all of our supporters and partner organisations!



## Stories of hope

Greg\* has been struggling with his mental health for a while and due to this and other complex situations his school attendance has been very poor. Over the last few years, he has been a regular to some of our sessions and attended various trips with us. For the last couple of years Charlie and Zac have been supporting him with a 1:1, both in school and at home depending on how he has been doing. Often playing football on the rec or the school Astro turf. It has taken a reasonable amount of time for Greg to open up about his situation, but we are making progress.

Greg is beginning to attend school more often and continues to consistently meet Zac for his 1:1, recently they have been having some great conversations about coming in for more lessons and choosing colleges.

\*The name of this young person has been changed

We have been supporting Mick\* for several years now, initially just through open access sessions but over the last couple of years through weekly 1:1s. Mick has ADHD and other additional needs which means that he has often struggled to engage positively in certain situations, including in groups and at school. He has been regularly meeting with Zac and at times Tina on a 1:1 basis within which we have done activities such as basketball, boxing, bowling and even a trip to a water park. But mostly these sessions have consisted of great conversations around an activity or food and opportunities to chat about his fears, hopes, emotions and his future.

Mick has shown significant improvements in his emotional maturity over the last couple of years, now being able to recognise when he needs to take himself away from a negative situation and has a greater understanding of what's going on in the world around him. We have seen him grow in confidence, particularly when he joined us at the Gauntlet Auto Project, which is a youth motorbike charity in Ramsey. Mick has grown to trust our team and will open up about the challenges he is facing.

\*The name of this young person has been changed

Stephanie\*, had been attending some of our sessions fairly regularly at the point in which the local secondary school asked if we could support her with some 1:1 provision. Her school attendance was poor and she was facing challenges at home and a significant amount of bullying in and out of school. Tilly began working with Stephanie through a weekly 1:1 session in school or sometimes at home if she wasn't in. These sessions were mostly conversational based around family, friends and school.

Stephanie has grown in her confidence and continues to attend some of our sessions, she is now in school far more consistently is able to cope better with the challenges she is facing.

\*The name of this young person has been changed

Developmental Relationships	Indicators	Actual
<b>Engagement and Activities</b>	Total number of young people regularly involved in SSYI activities.	227
	Number of young people we engaged with through detached work	138
	Number of young people we supported through open access activities	186  Years: Shelford 6+7; Shelford 8+9; Shelford 9/10+; Sawston 7+8; Sawston 9+; Monday/Wednesday Football RED
	Number of young people we supported through targeted group work	36  Girls group; Our Stories; Shred It Up
	Number of young people we supported through school based group work	4  Sawston Girls Group
	Number of young people we gave community based 1:1 support	8
	Number of young people we gave school based 1:1 support	12

	Number of young people as young leaders / impacting their community	4
	Number of trips/residentials	16 trips: Bowling; Escape room; Gauntlet; Aqua Park; Nandos; Ice Skating; Corby Skate Trip; 3 night Residential in Essex
	Number of young people we supported in more than one context	162
	Number of young people we supported in a time of crisis	17
	Number of hours of face-to-face delivery	974 hours



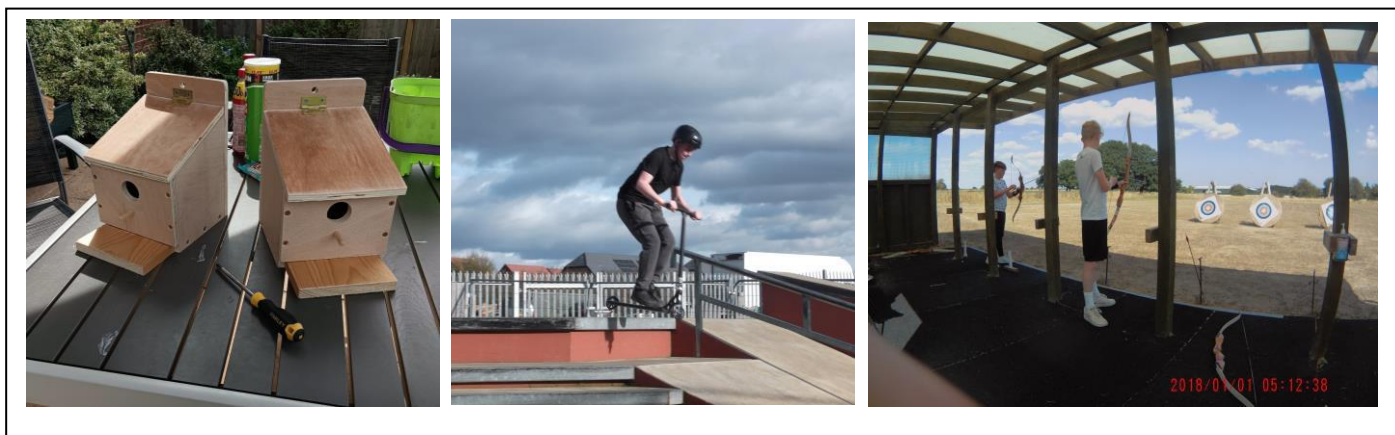
Developmental Relationships	Indicators	Actual (Percentage answering, strongly agree or agree)
Mechanisms of Change	“The youth workers make me feel welcome”	100%
	“The youth workers care about me”	92%
	“The youth workers give me the support I need”	92%
	“If I have a problem, I know the youth workers will help me”	92%
	“The youth workers listen to me”	96%
	“The youth workers trust me”	100%

	“The youth workers respect me and my background”	92%
	“The youth workers help develop me as a person”	84%
	“The youth workers give me chances to be a leader”	76%
	“I enjoy my time with SSYI”	96%
	“I feel part of a community at SSYI”	96%
	“I am able to influence how the activities are run”	88%

Community connections, partners and enablers	Partner Organisations	The Parish Councils of Great Shelford and Little Shelford; Stapleford; Duxford John Huntingdon Charity Sawston Village College Churches: St Andrews Stapleford; Great Shelford Free Church; All Saints Little Shelford; Sawston Free Church Shelford Playscape
	Number of Volunteers	8

**Quote from partner organization:**

*"We are so grateful for the work of SSYI with our pupils at Sawston Village College. The regular, meaningful one- to-one work is invaluable for our young people and is something they look forward to. We have been pleased to partner too recently on some group work and have found that this is helping the pupils involved enormously. The passion, dedication and skill of the youth workers onsite is clear for all to see."*





Developmental Relationships	Indicators	Actual
Outcomes	Young people expressing an improvement in confidence.	76%
	Young people expressing an improvement in their ability to overcome challenges.	80%
	Young people expressing an improvement in their ability to get on with others.	84%
	Young people expressing an improvement in hope for the future.	80%
	Rating of SSYI sessions out of 10.	9.52

**Quotes from young people**

*“SSYI has been really supporting and kind to me since I have joined. They were very welcoming on my first day and have been since.”*

*“Because it is so fun to meet your friends after school and they have helped me to have more fun and not worry about stuff at home”*

*“It has made me more confident when facing challenges”*

*The fact the community is really nice and kind to everyone.”*

*“Helped me in school with not getting in trouble”*

*“It is a great place to have fun and be yourself”*

*“helped me over come addiction”*

**Young leader story**

One of our young leaders shared with us his journey with SSYI, from Young Person to Young Leader, here is their story.

*I first started at SSYI when I was 11, I joined Friday night youth club with my mates, and began to come along weekly to play pool and to hang out. At this time, I also started to see some of the youth workers at school when they came in at lunch, they were always up for a chat. A couple of years on from joining I started attending a small targeted group run by Craig, one of the youth workers at the time. He would take me and a couple mates BMXing, to McDonalds and every now and then to play golf. We where all struggling with school at the time so it was great to be able to get out, have fun and share our frustrations with Craig.*

*At 14 or 15 I was asked if I wanted to help out with some of the younger sessions as a young leader, I said yes, and joined a couple other young people in helping to run activities, and get stuck in with some of the year 6+7's. As part of this we did some training, including going to a young leaders residential with other young people from Romsey Mill. I really enjoyed helping and it was great to find out how everything worked and to learn new skills. As I got older I began to help with some of the older sessions and run dodgeball games, and other activities.*

*SSYI has helped me to stay out of trouble and given me somewhere to go and hang out that's safe and means I was not stuck at home all the time. During my time at SSYI as a young person, I received some 1:1 support, went on a couple of residential and loads of trips. Although I don't attend that often anymore as I have a job it is great to catch up with the youth workers every now and then. SSYI provides relationships that last, and they point you in a positive direction. I would recommend coming to SSYI and being a young leader to any young people in the area.*