

Stapleford Warden Scheme

The Community Warden, Juliet Hawksworth, works 12 hours per week, supporting elderly residents within Stapleford to live independently and safely in their own homes. The scheme is run by Age UK Cambridge and Peterborough (CAP).

The warden reduces isolation and loneliness and supports the clients' families to ensure the best care for their loved ones. She can:

- help service users with tasks such as making drinks, small amounts of shopping, collecting prescriptions, offering advice where appropriate, feeding pets, watering plants.
- liaise with other organisations such as Age UK services, Social Services, Community groups, nurses, GPs etc
- monitor changes in service users' needs and make immediate recommendations if a change or decline in well-being is identified.
- help service users who have just come out of hospital.
- work directly with the Age UK CAP Information and Advice team to help service users with benefit checks and applications and with the Age UK Handyperson's service to install grabrails, keysafes etc to make a the home safer.
- organise coffee mornings.

How is the service paid for?

The service users contribute a weekly amount (£15 a single person, £18 per couple-some help with the cost may be available). St Andrew's Church, the Parish Council, the Messenger Fund, Shelford Feast and the Village Estate Fund kindly give grants, and South Cambs District Council has given significant financial support.

Recent research has identified that investing in a warden scheme delivers a social return on investment of £4.92 for every £1.00 spent so saving the NHS significant amounts by keeping people out of hospital.

For more information contact Juliet on E: juliet.hawksworth@ageukcap.org.uk
T: 07436 102 733